

*Korean Academy of Taekwondo and  
Metro State College of Denver present:*



**2010**  
*National Collegiate Taekwondo  
Championships*

*Official Tournament Program*



Dear NCTA Community,

On behalf of the Korean Academy of Taekwondo and Metro State College of Denver I want to welcome you to the 35<sup>th</sup> National Collegiate Taekwondo Championships. Everyone in the KAT family has been working very hard to make this tournament efficient, safe, and successful. This year's tournament will feature great competition from many top level athletes.

Metro State Taekwondo is pleased to host this event for the first time. The Taekwondo class at Metro is the oldest continually operated Taekwondo school in Colorado, and will soon celebrate its 50<sup>th</sup> anniversary.

There are many people who helped make this tournament a success, but I would like to extend a special thanks to three people, **NCTA President Master Rex Hatfield, NCTA Secretary General Master Dan Chuang, and Master Mark Kaufmann from USAT.** They worked many hours with us to help make this event happen.

Sincerely,

Master Bill Pottle  
Tournament Coordinator

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Welcome to the 2010 National Collegiate Taekwondo Championship!

Metropolitan State College of Denver is pleased to host the 35<sup>th</sup> annual NCTA Championships. Special thanks to Bill Pottle and the National Collegiate Taekwondo Association for their efforts in organizing the event. May you enjoy Metro State and the Mile High City of Denver during your visit.

Good Luck to all of the participants!

Ruth Ann Nyhus  
Department Chair  
Human Performance and Sport  
Metropolitan State College of Denver

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Please support our sponsors. They have helped make the 2010 National Collegiate Championship a success!

**Ace Martial Arts Supply, DreamQuest, Urban Tactical Systems,  
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**Friday April 16<sup>th</sup> (All events at Red Lion Hotel SE)**

<b>Time</b>	<b>Event</b>	<b>Location</b>
6:30 PM -9:00 PM	Early Check in – Weigh-ins for FORMS only.	Lower Lobby – Location may change.
<i>*Note, if you weigh in on Friday, you will have to weigh in again on Saturday if you are also doing sparring. However, you can check in to see if there are any missing docs/problems with your eligibility. Otherwise, you can check in for both on Sat.</i>		

**Saturday April 17<sup>th</sup> (All events at Red Lion Hotel SE)**

<b>Time</b>	<b>Event</b>	<b>Location</b>
8:30 AM-9:30 AM	Breakfast for Referees	Conifer Room
9:00 AM- 7:00 PM	Check in/ Registration/ Weigh ins Credential Pick Up	Lower Lobby
9:00 AM – 2:00 PM	Open Practice Time	Aurora Ballroom, Spruce Room
11:30 AM-12:30 PM	Lunch for Referees	Conifer Room
12:30 PM - 2:30 PM	Referee Training	Conifer Room
1:30 PM – 2:30 PM	Coaches Meeting	Spruce Room
2:30 PM – 3:30 PM	NCTA General Meeting	Conifer Room
4:00-6:00 PM	Color Belt Forms	Aurora Ballroom
6:00-9:30 PM	Black Belt Forms & Poomsae Team Trials	Aurora Ballroom

*Medals will be given out following each division. Referee dinner will be in the Conifer room as time allows.*

**Sunday April 18<sup>th</sup> (All events at Auraria Campus – P.E. Building)**

<b>Time</b>	<b>Event</b>	<b>Location</b>
7:45-9:00 AM	Referee Meeting and breakfast	Multipurpose Room/Main Gym
All Day	Referee/VIP food	Multipurpose Room
7:00 AM -9:00 AM	Coaches Credential Pick up Station	Room 103 (Holding area)
9:00 AM – 12:00 PM	Color Belt Sparring	Main Gym – Rings 1-6
12:00 PM - 7:00 PM	Black Belt Sparring	Main Gym – Rings 1-6
No Official Break Time	Lunch	Holding Area/Tivoli
Following Sparring Finals	Closing Ceremony	Main Gym

*Medals will be given out following the conclusion of all sparring.*

***Traveling to Metro State College on Auraria Campus (Sparring Venue)  
from the Red Lion SE Hotel***

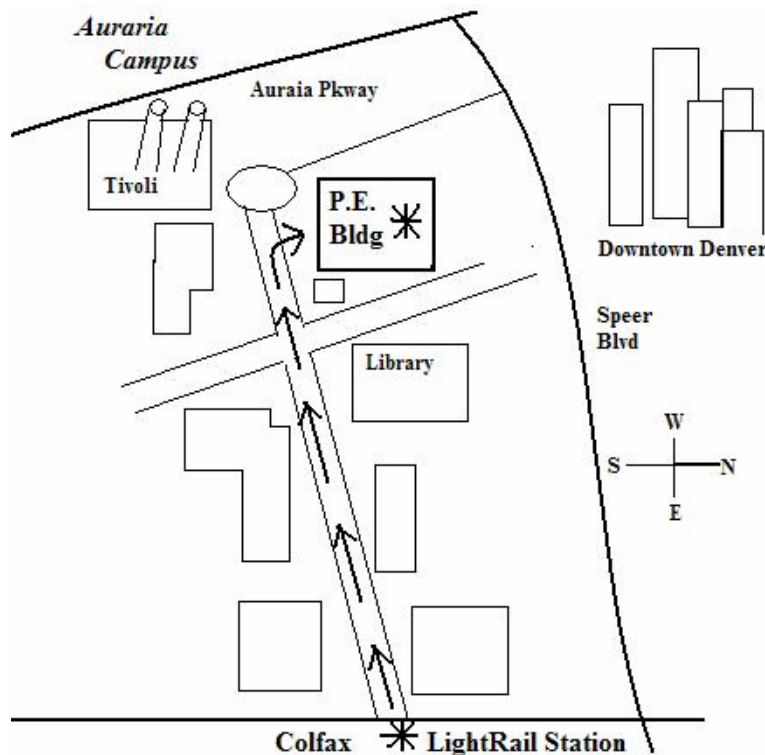
Take the H line from 9 Mile Light-Rail station (within walking distance from the Red Lion Hotel) to Colfax at Auraria. Trains leave at the following times on **Sunday morning**: 5:04, 5:34, 6:04, 6:34, **7:04, 7:34, 8:04**, 8:19, 8:34, 8:49, 9:04, 9:19, 9:34, 9:49, 10:04, 10:19, (more). All times are AM. The trip takes approximately **30 minutes**. The same line goes to many other destinations downtown. More info is available at (<http://www.rtd-denver.com/>). Walk west (towards the mountains) across campus to the P.E. Building (last building on your right – see map).

The H line costs \$3.50 for all three zones (pay once at the machine at the 9 Mile Station).

The Red Lion Hotel has agreed to provide some shuttle transportation from the hotel to the 9 Mile Light-Rail Station on Sunday morning. Sign up on Saturday for the time you plan on taking the shuttle so they can coordinate rides.

At the conclusion of the event, you can ride the H Line Light-Rail back to the Hotel (get off at the 9 Mile Station). It comes every 10-15 minutes when the tournament will be finished.

You can catch the “Sky Ride” to get back to Denver International Airport from the sparring event at 30<sup>th</sup> and Downing Street - Ticket prices are \$8 to \$15, or use the free airport shuttle from the hotel. For more info see [http://www.rtd-denver.com/PDF\\_Files/skyRideMap.pdf](http://www.rtd-denver.com/PDF_Files/skyRideMap.pdf)



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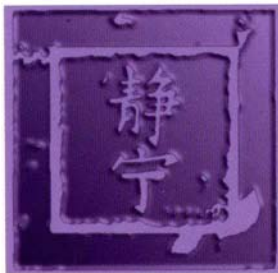


Dream Quest is a fantasy novel published by Master Bill from KAT. He started the novel in 6<sup>th</sup> grade and 13 years later it was published in 2003.

*"Splendid"* - Lloyd Alexander

For more information go online to [www.dreamqueststory.com](http://www.dreamqueststory.com), or purchase from [www.amazon.com](http://www.amazon.com)

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## Collegiate Taekwondo Leagues

### East Coast

Schools on the East Coast have the East Coast Taekwondo Conference (<http://ectc-online.org/>) which hosts a season of five tournaments per year. Over 20 schools have participated for in the league, many for almost thirty years.

### West Coast

Schools on the West Coast have the PacWest Taekwondo Conference (<http://www.pacwest.org/>) where eight schools compete in three team meets.

### New League for the Midwest!

Now, schools in the middle of the country have a new option for competition. Come be a part of the new **Rocky Mountain Collegiate Taekwondo Conference (RMCTC)**.

**The inaugural event will be next fall,  
Saturday, September 25<sup>th</sup> (or possibly 18<sup>th</sup>) in  
Loveland, CO.**

If your school is interested in participating, please email [sbn@kattaekwondo.com](mailto:sbn@kattaekwondo.com) to be included in the planning process

**Join the new Rocky Mountain College Taekwondo Conference**

