

Korean Academy of Taekwondo

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
	Little Tigers 3:45- 4:25				Tiger Cubs 3:15-3:45 Little Tigers 3:45- 4:25	Silver Tigers 8:30-9:30 am	
4:30- 5:20pm	Level 2 Requirement	Level 2 Children	Level 2 Children	Level 2 Children	Level 1	Little Tigers 9:55-10:35 am	
5:30- 6:20pm	Level 1	Level 1	Recreational Sparring	Weapons/ Demo Team	Black Belt Test Prep	Requirements 10:45-11:45 am	
6:30- 7:20pm	Stretching class	Grappling		Level 1	Boxing	Sparring 11:45- 1:45	1:00 pm 3:00 pm Sparring Team
7:20- 8:20pm		Adult/Family		Adult/Family	Sparring Team 7:30-9:30		

The color of the class is the minimum belt level that should attend. Team classes may have tryouts or other requirements.

www.kattaekwondo.com 16850 E. Mississippi Ave Aurora, CO 80017 bill@kattaekwondo.com

720-295-4853