

# Korean Academy of Taekwondo

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
<b>Morning</b>						Little Tigers <b>9:55-10:35am</b>	
<b>3:45-4:25pm</b>	Little Tigers				Tiger Cubs <b>3:15</b> Little Tigers <b>3:45</b>	Requirements <b>10:45-11:45am</b>	
<b>4:30-5:20pm</b>	Level 2 Requirement	Level 2 Children	Level 2 Children	Level 2 Children	Level 1	Sparring <b>11:45- 1:45</b>	
<b>5:30-6:20pm</b>	Level 1	Level 1	Recreational Sparring	Weapons	Black Belt Test Prep		2-4 pm Sparring Team
<b>6:30-7:20pm</b>	Demo Team	Grappling	Sparring Team	Level 1	Boxing		
<b>7:20-8:20pm</b>		Adult/Family		Adult/Family			

**The color of the class is the minimum belt level that should attend. Team classes may have tryouts or other requirements.**

[www.kattaekwondo.com](http://www.kattaekwondo.com) 16850 E. Mississippi Ave Aurora, CO 80017 [bill@kattaekwondo.com](mailto:bill@kattaekwondo.com)

720-295-4853