



*“With a mind in the future  
and a heart in the past.”*

Korean Academy of Taekwondo, LLC  
16850 E. Mississippi Ave Aurora, CO. 80017  
(303) 743-7767

[SBN@Kattaekwondo.com](mailto:SBN@Kattaekwondo.com)

Dear Colorado Martial Arts Family,



We hope this letter finds you all well. We are writing to inform you of the Twin Dragons Tournament which will be held March 23rd in the spacious gym at Metro State College of Denver. **This year’s tournament will feature several exciting divisions with competition for Taekwondo, Karate, and Grappling Schools.**

This year we will be not only awarding medals to each individual who places in their division, but we will be awarding several other prizes to the winners of top divisions. There will also be exciting **Ultimate Divisions** with cash prizes. We will be offering **FREE ENTRY** to current national team members. We already have five confirmed national team members competing, including 2 Olympians from London! (Note: For black belt sparring, you may choose ‘developmental’ division).

We look forward to an efficient tournament with padded rings (6 rings) and electronic scoring. We will be offering special, discounted online registration. Please see the tournament web page [www.kattaekwondo.com/tournament.htm](http://www.kattaekwondo.com/tournament.htm) for more information and registration, and do not hesitate to let us know if you have any questions or concerns.

This tournament is the second in a series that featured last year’s **White Tiger Championships**. Last year’s tournament featured 310 competitors from 35 different programs and schools. We have also implemented the **KAT Tournament Committee**, which will ensure that this tournament is even better run than past events. They will wear red shirts and help run the event. We also have the **Tournament Hospitality Team** who will have blue shirts and make sure you have a great experience.

Sincerely,

Master Bill Pottle  
Tournament Chair



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## **Divisions**

Divisions will be broken down by age, weight, gender, and experience. Competitors will be able to select a different experience level for each division. This will help someone who may want to do forms at their level, but spar at a higher level. This will also help people who might be a black belt in Taekwondo, but a beginning grappler.

## **Registration Instructions**

*In order for the tournament to run smoothly, we are accepting preregistration **ONLY**. However, you may register online until Midnight, Thursday March 21st.*

All competitors, coaches, and referees are encouraged to register ONLINE at [www.kattaekwondo.com/tournament.htm](http://www.kattaekwondo.com/tournament.htm) After registering online, print and sign the waiver form and bring it with you to the tournament. You're all set!

For those wishing to register by paper, please note that the application must be postmarked by Monday, March 18th. You **must** pay with certified check or money order. After Monday March 18th, the application must be hand carried to the Korean Academy.

Mail application and waiver to:

Korean Academy of Taekwondo  
16850 E. Mississippi Ave  
Aurora, CO. 80017

You **DO NOT** need to be a member of USTU/USAT/AAU or any other governing body for this tournament.

## **Tournament Hotel**

We are currently still searching for a tournament hotel. Hotel information will be updated on the tournament website when ready.



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## Prizes



The winners of each division will receive medals. All 5 year olds and under will receive at least the bronze medal. The winners of each division will also receive 3 points (Gold Medal), 2 Points (Silver Medal) or 1 point (Bronze Medal). You can receive a maximum of 3 points per event.

The point totals will be used to determine the individual grand champions (Jr Color belt, Jr Black Belt, Sr Color Belt, Sr. Black Belt)



The medals represent the second piece in a puzzle that can be completed by winning medals in the White Tiger Championships and Lone Wolf Classic.



Winners in the **black belt** divisions in traditional forms, sparring, and breaking will win an embroidered black belt. Winners of ALL grappling divisions will face off against the winner of a similar division. The winner of that match will receive a samurai sword.



**Grand Champions** - There will be four grand champion old school title belts (U15 Color Belt, U15 Black Belt, 16+ Color Belt, 16+ Black Belt) awarded to the individuals who earn the most points.



**Ultimate Divisions** –There will be 6 Ultimate Divisions Contested: Trick Kick Battle, Demo/Team Forms, Breaking, Hardest Strike, Creative/Musical/Weapons, and Traditional Forms. The winners of these divisions will receive \$100 (\$50 cash plus \$50 voucher for entry to the 2014 Lone Wolf Classic)

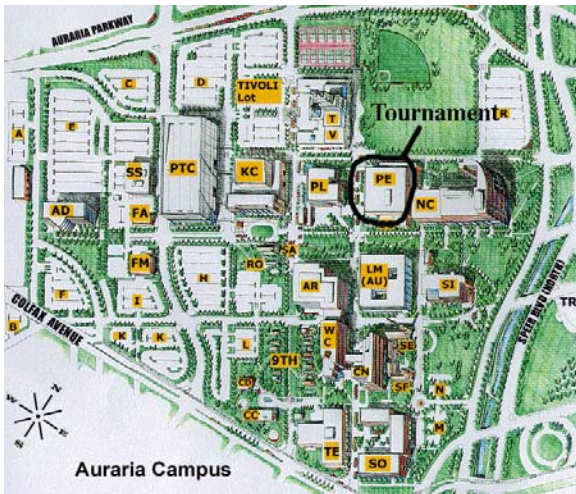


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## Directions and Location

The tournament will be held in the PE gym of Metro State College of Denver. This is a spacious facility with bleachers, overhead viewing/taping areas, an ample-sized holding/warmup area, and good ventilation. See the map for more details.



## Rules and Mandatory Equipment

**Uniform:** Recognized martial arts uniform. Costumes allowed for demo team.

**Safety Equipment:** - WTF/USAT Approved!

Shin & Instep, Forearm, Head Gear, Chest Protector, Groin Cup (Males, worn on inside of pants). A mouthpiece is mandatory! For grappling, cup and mouthpiece are required.

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Traditional Forms and Olympic Style Sparring will be judged by modified USAT rules. Breaking competitors will have three chances per board and must provide their own breaking materials. Breaking, Creative Forms, Group Forms, and Weapons Forms will be judged for style, skill, balance and overall presentation. Creative, Group, and Weapons forms may have music and have a time limit of 3 minutes. Blaster Pad Sparring – Knock your opponent down or out of the ring! Best 2 out of 3 wins. No skill divisions. For **hardest strike**, we have an accelerometer that will measure the strikes. You get ten strikes, and we will drop the lowest 3 and average the rest.

*For complete rules see the tournament website.*

## Registration Prices

\$45 for the first event and \$10 for each additional event. The cost for all spectators is \$7. (5 and under free) Ultimate Division count as a separate event.



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Korean Academy of Taekwondo Presents:  
**"Twin Dragons Tournament"**  
March 23<sup>rd</sup>, 2013 Metro State College of Denver  
REGULAR MAIL DEADLINE: MUST BE POSTMARKED  
NO LATER THAN MONDAY, March 18th  
AFTER March 18th, registration must be hand carried or ONLINE.

ATHLETE REGISTRATION FORM

FOR ATHLETE SAFETY & TOURNAMENT EFFECIENCY ALL INFORMATION MUST BE ACCURATE AND COMPLETE!

NAME (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Middle) \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

Martial Arts School \_\_\_\_\_ Instructor \_\_\_\_\_

BIRTH DATE \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_ EMAIL \_\_\_\_\_

PLEASE PLACE YOUR ACCURATE WEIGHT HERE ⚖ \_\_\_\_\_ LBS

Belt Rank

Rank: \_\_\_\_\_ Gup/Dan

White-Yellow 7<sup>th</sup> Gup and Below

Green-Blue 6<sup>th</sup> Gup to 4<sup>th</sup> Gup

Red-Brown 3<sup>th</sup> Gup and Higher

Black Dan or Poom

**Number of Events** \_\_\_\_\_

**TOTAL AMOUNT ENCLOSED**

**\$** \_\_\_\_\_

*See fee schedule earlier in packet*

***Mail Registration Form with certified  
check or money order- made payable to***

***KAT to:***

**Korean Academy of Taekwondo**

**16850 E. Mississippi Ave**

**Aurora, CO. 80017**

***No registrations accepted on the day of the  
competition! No refunds! All registrations final!***

I want to compete in: **List Skill Level and Circle Events.**

**TRADITIONAL FORMS** \_\_\_\_\_

**OLYMPIC STYLE SPARRING** \_\_\_\_\_

**BLASTER PAD SPARRING** \_\_\_\_\_

**BREAKING** \_\_\_\_\_

**GRAPPLING** \_\_\_\_\_

**CREATIVE FORMS** \_\_\_\_\_

**WEAPONS FORMS** \_\_\_\_\_

**DEMO TEAM** \_\_\_\_\_

**Trick Kick Battle** \_\_\_\_\_

**Hardest Strike** \_\_\_\_\_

**CREATIVE FORMS GROUP** (Team/Family- May use weapons)

I would like to compete in the following **ULTIMATE DIVISIONS:**



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**“Twin Dragons Tournament”  
March 23<sup>rd</sup>, 2013**

**Korean Academy of Taekwondo**

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT (“AGREEMENT”) IN CONSIDERATION of being permitted to participate in any way in “Twin Dragons Tournament” Tournament (“Tournament/competition/event”) I/The Minor, for myself, my personal representatives, assigns, heirs, and next of kin:

I/ The MINOR fully understand the nature of Taekwondo/Martial Arts/Weaponry \* Tournaments and acknowledge my/ the minor’s experience and capabilities and believe I/ the minor are qualified to participant in such a tournament. I /The Minor further acknowledge that I/The minor am /are aware that the tournament will be conducted in facilities open to the public during the tournament. I/The minor further agree and warrant that if, at any time, I believe conditions to be unsafe, I/ or the minor will immediately discontinue further participation in the tournament.

I/ THE MINOR FULLY UNDERSTAND that: (a) TAEKWONDO/MARTIAL ARTS/WEAPONRY\* TOURNAMENTS INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH (“RISKS”); (b) these Risks and dangers may be caused by my /or The minor’s own actions or inactions, the actions or inactions of others participating in the Tournament, the condition in which the Tournament takes place, or THE NEGLIGENCE OF THE “RELEASEES” NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me/or The minor or not readily foreseeable at this time; and I/THE MINOR FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I/The MINOR incur as a result of my participation, or that of the minor, in the Tournament. I/The Minor recognize and fully comprehend that Taekwondo/Martial Arts/Weaponry\* are motion contact sports, as dangerous as football, skiing, boxing or sky diving. I fully comprehend that the possibility of physical injury, of any degree, is always possible, even death, and I/The Minor knowingly and freely assume all such risks. I/The Minor understand the U.S.T.U./tournament rules and agree to follow all the competition / Tournament rules. I further agree that any pictures taken of me, or by me in connection with “The Twin Dragons Tournament ” can be used by the Tournament Director for publicity or promotion without compensation.

I/THE MINOR HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE, AND AGREE TO HOLD HARMLESS: The Korean Academy of Taekwondo, LLC and its employees, The Twin Dragons Tournament, William T Pottle, Ghassan Timani, the Metropolitan State College of Denver, the Human Performance, Sports and Leisure Department, and all members of all Tournament committees, and school and/or club where the tournament may take place, or anyone who has a vested interest in the tournament, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the tournament takes place (each considered one of the “Releasees” herein) from all liability, claims, demands, losses, or damages on account caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I or anyone on my/the minor’s or anyone on my/the minor’s behalf makes a claim against any of the Releasees named above, I/The Minor WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE OR COST AS MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I/THE MINOR HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THE AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
PARTICIPANT’S SIGNATURE

\_\_\_\_\_  
DATE.

\_\_\_\_\_  
Printed Name of Parent / Legal Guardian  
(If Participant is under 18 years old)

\_\_\_\_\_  
Parent’s / Legal Guardian’s SIGNATURE  
(If Participant is under 18 years old)

\_\_\_\_\_  
DATE.

\_\_\_\_\_  
Printed Name of Witness

\_\_\_\_\_  
Witness’s Signature

\_\_\_\_\_  
DATE



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Dear Business Owner,

I am writing to inform you about a special event coming to Denver on March 23<sup>rd</sup>, 2013. The Korean Academy of Taekwondo is going to be hosting the **Twin Dragons Tournament** at Metropolitan State College of Denver. Martial arts provides many benefits for our community, and we are looking for sponsors to be associated with the tournament. Sponsorships can be a very effective form of advertising as they produce positive feelings in the many people from the area who will be a part of this championship. There are three levels of sponsorship available:

**Bronze Sponsors (\$75) Receive:**

- *Logo and link on the official tournament website. (Thousands of pageviews)*
- *Mention in tournament program handed to participants and spectators.*
  - *Mention in all press releases generated for tournament.*
    - *1 free tournament ticket*

**Silver Sponsors (\$150) Receive the above plus:**

- *Logo on back of tournament t-shirt. These shirts will be worn by many people all around town for years to come.*
  - *Half page ad in tournament program.*
    - *3 free tournament tickets*

**Gold Sponsors (\$300) Receive the above plus:**

- *Company banner may be displayed at tournament venue.*
  - *Special mention in all publicity materials.*
  - *Full page ad in tournament program*
    - *5 free tournament tickets*

This event will be one of the premiere martial arts tournaments in Colorado this year. The tournament will feature competition in sparring, grappling, forms, board breaking, weapons, team/creative forms, and more. **Many high level competitors will come to showcase their skills.**

The sooner you sign up the sooner we can include you in the promotional materials constantly being distributed. To respond or if you have any questions, please email [bill@kattaekwondo.com](mailto:bill@kattaekwondo.com)

Sincerely,

Master Bill Pottle  
Tournament Director



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## Schedule

*All events are located in the PE Building at Metro State College of Denver. The schedule is subject to change as the tournament gets closer.*

### **Saturday, March 23rd**

**7:30 AM – Registration, Weigh-ins, Credential Pickup.** *All black belts and Intermediate/Advanced grapplers must weigh in. Weigh ins will also be for any other competitors where there is a discrepancy between stated and apparent weight.*

#### **8:30 AM – Referee/Coach meeting**

#### **9:00 AM – 10:00 AM Traditional Forms Competition**

- Ring 1 – Male Black Belts
- Ring 2 – Female Black Belts
- Ring 3 – All Red Belts
- Ring 4 – All Blue Belts
- Ring 5 – All Green Belts
- Ring 6 – All White/Yellow Belts

#### **10:00 AM – 11:00 AM Competition Continues**

- Ring 1 – 13 and Under Breaking
- Ring 2 – 14 and Over Breaking (And Ultimate Breaking)
- Ring 3/4 – All Creative Forms, Weapons Forms, Team Forms
- Ring 5 – Blaster Pad Sparring 14 and Over
- Ring 6 – Blaster Pad Sparring 13 and Under

*\*If you are doing multiple events in this time period go to rings 1-2 first, then 3-4, then 5 or 6. We will try to have you break first to expedite the process.*

#### **11:00 AM – 11:45 AM – Demo Team**

- Ring 3 and 4 (Combined) – Demo Team and trick kick battle

*\*We will use the holding area ONLY for sparring.*

#### **12:00 PM – 5:00 PM Sport Combat Competitions**

- Rings 1,2,5,6 - Olympic Style Sparring (Black belt ring will have match numbers and alternate divisions. Other rings will have kids to adults)
- Rings 3, 4 - Grappling Competition (Adults first, down to children)

#### **5:00 PM - Closing Ceremonies, Awards**

*\*Note: There will be no ring for the hardest strike competition. Competitors can visit the station any time during the day and will receive their medals in the closing ceremonies.*